

Build team cohesion, increase fitness, enhance morale and promote Soldier, squad and platoon skills with the numerous FMWR activities available. From paintball, drown-proofing, and aquatic PT to footgolf, and the Warrior Adventure Quest (WAQ), FMWR has what you need to maintain a ready and resilient combat team.

<http://stewart.armymwr.com/us/stewart>

<http://stewart.armymwr.com/us/stewart/programs/1sg-cdr-info>

Function: Warrior Adventure Quest (WAQ)

Purpose: WAQ is designed to re-create the adrenaline rush of combat action through supervised, controlled, high adventure activities which are provided by FMWR Outdoor Recreation staff.

Results: Enhanced unit cohesion, teamwork, helps maintain combat readiness

Frequency: Once every 2-years

Cost: Paid by the Army

Function: MWR Unit Funds

Purpose: To provide units with funds to enhance their morale, welfare and recreation opportunities

Results: Increased unit cohesion, enhanced recreation opportunities

Frequency: \$2.50 per Soldier per year

Cost: Paid by FMWR

Function: Lunch with the Commander and 1SG at Club Stewart

Purpose: To provide Soldiers an opportunity to talk with the unit leadership in a relaxed, non-attribution setting.

Results: Increased trust in Command, open and transparent command climate

Frequency: Monthly (Voluntary)

Cost: Paid by individual

Function: Paintball

Purpose: Helps maintain combat readiness, promotes teamwork

Results: Reduced stress, enhance moral

Frequency: As desired

Cost: SGT's Time \$15 per player (min 20 pax)

Function: Unit Golf or FootGolf Tournament

Purpose: Increases moral and esprit de corps

Results: Enhance moral, team building

Frequency: As desired

Cost: from \$25-\$45 per player Golf / \$10pp Footgolf

ALTERNATE PT

Function: Water Aerobics

Results: Increased physical fitness, reduces stress on joints

Frequency: Quarterly

Cost: No Cost

Function: Engineering Trail – Behind Club Stewart

Info: 1.5 mile cross-country trail with 7 obstacles and 31D historical battle information

Results: Change in run options

Frequency: Quarterly

Cost: No Cost

AFTER HOURS / WEEKENDS

Function: Paintball

Purpose: Helps maintain combat readiness, promotes teamwork

Results: Reduced stress, enhance moral

Frequency: As desired

Cost: SGT's Time \$15 per player (min 20 pax)

Function: Archery

Location: Stewart Pass and Permit

Dates: Open Wed - Sun

Cost: \$3 / Day

Function: Skeet and Trap Shooting

Location: Stewart Skeet Range

Dates: Open Mon - Sat

Cost: \$5 for 25 birds round (12 ga and 20 ga shotguns available for sign out)

Function: BINGO

Location: Club Stewart

Info: Both computer and paper games – Game payouts from \$15 - \$2,500

Dates: Closed Wed

Cost: Depends on package purchased.

Function: Free Bowling (E1 to E4)

Location: Marne Lanes

Info: Free - all you can bowl

Dates: Tuesdays 1500 – Close

Cost: \$2.50 for shoe rental

SPECIAL EVENTS (Changes Monthly)

Function: UFC Fight Night (LIVE)

Location: Club Stewart

Dates: 9 Jul 1900 hours

Cost: No Cost

Function: Ocean Kayak Float Trip

Location: Meet at Holbrook Recreation – Hwy 144 Bldg 8340

Info: \$20 Per Person – Includes all equipment and transportation

Dates: 9 Jul

Cost: No Cost

Function: Golf Clinic

Location: Taylor's Creek Golf Course

Dates: 14 Jul, 11 Aug

Cost: \$10 per session

Function: White Water Rafting Trip

Location: National White Water Center, NV

Info: Includes transportation, hotel, an all sport pass at the center, and entrance in the river jam.

Dates: 16 July

Cost: \$150pp

Function: Taylors Creek Golf Scramble

Location: Fort Stewart Golf Course

Info: \$35 Per Person – Includes greens fees, cart, range balls, prizes

Dates: 6 Aug

Cost: \$35 per person

Function: Fort McAlister Fishing Tournament

Location: Fort McAlister Sports Fishing Club

Info: 50 Soldiers chosen at random from MWR web sign-up

Dates: 13 Aug

Cost: No Cost

Function: Commander's Golf Scramble

Location: Fort Stewart Golf Course

Info: \$45 Per Person – Includes greens fees, cart, lunch, range balls, prizes

Dates: 19 Aug

Cost: \$45 per person

Function: Bass Tournament

Location: Stewart – Met Pond

Dates: 24 Sep

Cost: No Cost